

CYBER UP PACIFIC

**Just like in the ocean,
you can encounter
unknowns in the online
environment.**

So let's reduce the risk —
Cyber Up with these six
simple steps to be more
secure online.



**So they're long, strong
and hard to crack**

Long, strong and unique passwords are much harder for attackers to crack.

Try creating a passphrase that's a string of four or more words, this is much stronger than a random mix of letters, numbers and symbols.



**So your online accounts
have double protection**

Enable two-factor authentication (2FA) for your online accounts by turning it on in privacy settings.

When you next log in you'll use a second step such as your thumbprint, facial ID or one time code from an app to verify it's really you.



**To keep bugs and
viruses out**

As well as providing new features, updates also fix security risks that attackers can use to gain access to your personal information.

Ensure automatic updates are enabled on all your devices to keep yourself secure.

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UPHOLD



**YOUR
PRIVACY**

**To keep your personal
information secure**

Before you share any personal information online, check your social media settings to ensure they are switched to 'friends only' and that any requests for personal information are legitimate.

UPSCALE



**YOUR BACKUP
AND RECOVERY**

**To minimise downtime
in an incident**

Implementing and testing backups helps to minimise downtime and ensure business continuity in the event of a security breach or data loss.

UPLIFT



**YOUR DATA
SECURITY**

**To protect against
unauthorised access**

Security measures like firewalls and permission-based controls provide protection to your business from cyber threats and unauthorised access.

Regularly review and update your security measures and educate staff about cyber security steps.